



COUNSELLING & LIFE COACHING



JACQUELINE SEGAL

“We all need Life coaching
and support at some
stage in our life”

Jacqueline Segal MAppSci

M.A.C.A., A.I.P.C. Clinical, Supervisor.

Jacqueline has a Masters degree in Applied Science. She has worked in the field of behavioural science and personal development since 1984 as an educator, lecturer, facilitator and workshop trainer.

Using her understanding of human behaviour and personal development, Jacqueline has developed the 'Encounter Weekend' workshop to enable individuals and groups to benefit.



If you can answer YES to any of the following, counselling can assist you:

- Need support and direction
- Communication breakdown
- Children are difficult
- Life seems meaningless
- Relationships are difficult
- Experiencing loss and grief
- Watch television too much
- Sleeping excessively
- Sexuality is an issue
- Gambling is a problem
- Consuming alcohol in excess
- Relying on drugs
- Weight and food are issues
- Suffering from anxiety
- Often feel depressed
- Spiritually depleted

Hawkesbury Herbs & Healing
Richmond (02) 4578 2674

Epping Wholistic Health Centre
Epping (02) 9869 4488

The Grove
Wisemans Ferry (02) 4566 4614

Hours from 8:00am to 8:00pm,
One-hour consultation \$90.
Rebates available from some funds.

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